



Worksheet 2b.A3

Competency: Developing Others—Be a Mentor

Mentoring can take place on a formal or informal basis. For more information about creating a formal mentoring program, see the following:

Mentoring Program Manual (Connecticut Department of Children & Families, 2008).

This link takes you to a guide the Connecticut Department of Children and Families developed. It offers comprehensive information for developing a formal mentoring program.

After you have served as a mentor on either a formal or informal basis, reflect on the experience by responding to the following questions.

1. How did you establish a relationship with your mentee?
2. How did you decide on the goals for the mentoring relationship?
3. During your meetings, what did you tend to talk about?
4. How did your mentee do in terms of achieving his/her goals?
5. What do you think went well in this mentoring relationship?
6. What was the most significant challenge of the mentoring partnership?
7. What could you have done differently in this mentoring relationship?
8. How could the mentoring relationship be improved?
9. What did you learn about yourself in this mentoring relationship?
10. What do you think your mentee learned in this mentoring relationship?

